

Christmas and New Year 2018 - Opening Hours

*Please note the amended Club opening hours and classes
 during Christmas and the New Year*

**The Sports Centre will be closed from
 Monday 24th December and re-open on Wednesday 2nd January**

Christmas		Classes	
Christmas Eve, Monday 24 th December	6.30am-4pm	8:40-8:55 9:00-9:45 10:10-11:00 12:30-13:00	Fast 15 Circuit *Christmas Spin* Pilates Lunch Time Circuit
Christmas Day, Tuesday 25 th December	CLOSED		
Boxing Day, Wednesday 26 th December	CLOSED		
Thursday 27 th December	6.30am-10pm	9:30-10:15 11:00-12:00 12:30-13:00	Fresh Air Circuits Yoga Lunch Time Circuit
Friday 28 th December	6.30am-10pm	9:15-10:00 10:15-11:00 11:15-12:00 12:30-13:00	Freestyle Friday Spin Pilates Lunch Time Circuit
Saturday 29 th December	8am-6pm	9:30-10:15 10:00-10:45 10:30-11:15	Spin Fresh Air Circuits Body Pump
Sunday 30 th December	9am-7pm	9:30-10:15 10:00-11:00 11:15-12:30	Spin Yoga Yoga
New Year			
New Year's Eve, Monday 31 st December	6.30am-6pm	8:40-8:55 9:00-9:45 10:10-11:00 12:30-13:00	Fast 15 Circuit *New Year Spin* Pilates Lunch Time Circuit
New Year's Day, Tuesday 1 st January	CLOSED		
Wednesday 2 nd January	6.30am-10pm		Usual Timetable

*From Wednesday 2nd January please refer to our regular timetable for
 Opening Hours and Classes*

To book, please call Fresh Reception on 01932 225 953